

# Creating a Catholic Culture

## Living Your Faith at Home



**FIRST WITNESSES**

An ICF Initiative

**FIRSTWITNESSES.ORG**

What makes your home a Catholic home? What symbols of faith are in your home? What can you incorporate into your space to bring Christ into it?

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How much time do you spend in prayer? Do you experience prayer as a profound encounter with Christ? How can you teach that to your children?

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What rituals of faith do you have? What rituals would you and your spouse like to incorporate into your life and pass down to your children?

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What stories of saints, the faith, and family do you share with your children?

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Do you bring your children to Mass? How can you help your children engage with the Mass and experience the encounter with Jesus?

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Childhood religious experiences have been shown to strongly predict adult religiosity. Most religiously disaffiliated young people choose to give up their families' religion well before they turn 18, suggesting that they never established a deeply rooted commitment to a set of religious beliefs and practices. How can you provide your children with robust religious experiences and practices?

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